Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

by the decision of the Academic Council of the USU Institute of Medicine, Ecology and Physical Culture 18.05, 2022 Record No. 9/239

Charman Midlenko V.I.

(Signature, Name)

#### **EDUCATIONAL PLAN**

Discipline	Extreme medicine		
Faculty	Medical faculty of T.Z. Biktimirov		
Name of department	Department of hospital surgery,		
	anesthesiology, reanimatology, urology,		
	traumatology, orthopedics		
Course	3		

Direction (spec	ialty) 31.05.01 General medicine	
	the code of the direction (specialty) full name	

Orientation (profile/specialty) not provided

full name

Form of training\_\_\_\_\_ full-time \_\_\_\_\_ full-time (specify only those that are being implemented)

Date of introduction into the academic process at Ulyanovsk State University 01.09.2022

The program was updated at the meeting of the department: №01 of 31.08. 2023. The program was updated at the meeting of the department: №10 of 16.05. 2024.

Information about developers:

Full name	Abbreviation of Department	Academic, degree, title
Belyi Lev E.	of hospital surgery,	Professor, MD,
	anesthesiology,	Associate Professor
	reanimatology, urology,	
	traumatology, orthopedics	

AGREED	AGREED		
Head of department of hospital surgery, anesthesiology, reanimatology, urology, traumatology, orthopedics, developing discipline	Head of the graduating Department of hospital therapy		
/Midlenko V.I./  signature «16» May 2022 yr.	(M. OGreef_/Vise-Chripunova M.A. signature/ «16» May 2022 yr.		

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

#### 1. OBJECTIVES AND AIM OF DISCIPLINE:

**Objectives of the discipline:** to prepare graduates to work on the provision of medical assistance at the stages of medical evacuation in the elimination of medical and sanitary consequences of natural and man-made emergencies in conditions of a lack of time, diagnostic and therapeutic capabilities.

**The aim of mastering the discipline:** to prepare graduates of medical universities for practical performance of functional duties in special health units, formations and institutions of the civil defense medical service and the disaster medicine service.

#### 2. PLACE OF THE SUBJECT IN THE STRUCTURE OF GEP:

Discipline «Extreme medicine" to professional cycle GEP HE of specialty «General medicine». The student must master the content of academic disciplines before starting to study it: "Anatomy", "Biochemistry", "Hygiene", "Microbiology and Virology" and have an idea of what areas of their future professional activities, he will be able to use this knowledge in the framework of competences, due to the specifics of its future work.

# 3. LIST OF PLANNED RESULTS OF TRAINING IN THE DISCIPLINE (MODULE), CORRELATED WITH THE PLANNED RESULTS OF MASTERING THE MAIN PROFESSIONAL EDUCATIONAL PROGRAM

Code and name of the	A list of intended learning outcomes on discipline			
competence being implemented	(module), correlated with the indicators of achievement			
	of competencies			
	of competencies			
UC-3 Able to organize and	Know: - peculiarities of organization of medical evacuation			
manage the work of the team,	measures;			
developing a team strategy to	- the basics of medical care of the population during			
achieve the goal	liquidation of consequences of emergency situations,			
	radiological and chemical nature;			
	-the organization of medical care of the population during			
	liquidation of consequences of emergency situations of			
	natural, technogenic, traffic, explosive or flammable nature;			
	- the basics of organizing and conducting sanitary and anti-			
	epidemic (preventive) actions in emergency situations in			
	peacetime and wartime; - the content of activities medical			
	supplies medical units and establishments in various modes			
	of operation of service of medicine of accidents;			
	To be able:			
	- to identify the amount and type of medical care depending			
	on the medical situation;			
	- to solve the practical problem of calculating the allocation			
	of necessary forces and means of disaster medical service			
	to provide emergency medical assistance to affected in			
	emergencies;			

T Educational Plan of the Entreme medicin				
	- to determine the need for medical equipment to			
	institutions and groups intended for the health of the			
	population and make up application to receive it;			
	<b>Own:</b> - methods of providing first, pre-medical and first aid			
	to victims in emergency situations;			
	- methods and methods of evacuating victims in emergency			
	situations;			
	- methods and methods of using individual protective			
	equipment;			
	- methods of applying antidote and radioprotective means			
	in the scope of first aid;			
	- algorithm for monitoring the implementation of safety			
	rules for medical personnel and patients.			
PC-1 Readiness to participate in the provision of emergency	<b>Know:</b> the basics of providing various types of medical care to the affected population;			
medical care in conditions	<b>Be able to:</b> provide first medical, pre-medical and first aid			
requiring urgent medical	to the affected population in wartime and emergency			
intervention	situations of natural and man-made nature;			
	Own: the algorithms perform basic medical-evacuation			
	actions at the stages of medical evacuation in emergency			
	situations in peacetime and in war and war conflicts			

Form

#### 4. GENERAL LABOR INTENSITY OF THE DISCIPLINE

#### 4.1. The volume of the discipline in credit units (total): 2

Ministry of science and high education RF Ulyanovsk State University

F-Educational plan of the Extreme medicine

#### 4.2. The amount of discipline at types of training (in hours):

True of andomic	Number of hours 72			
Type of academic work	Total according to the plan	including semesters: 5		
1	2	3		
Contact work of students with the teacher in accordance with up	36	36		
Classroom classes:	36	36		
lectures	-	-		
Seminars and practical classes	36	36		
laboratory work, workshops	-	-		
Self-study	36	36		
Form of current knowledge control and	Testing, abstract	Testing, abstract		

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

control's		
self-study control:		
Course work	-	1
Types of intermediate	-	-
certification (exam,		
credit)		
Total hours in the	72	72
discipline		

# 4.3. Content of the discipline (module.) Distribution of hours by subject and type of study work: Number of hours – 72 h

The form of training: full time

		Types of training sessions			Form of		
		Classroom classes			current		
Names of sections and topics	Total	Lectures	Practical classes, seminars	Laboratory work, workshops	interactive Activities asset in any other form	Independent editor Independent work	knowledge control
1	2	3	4	5	6	7	
Modern means of armed struggle. Special health care units.	12	-	6	-	1	6	Testing, abstract
Medical protection.	12	-	6	-	1	6	Testing, abstract
Organization of medical evacuation support of the population in emergency situations.  Medical evacuation.	12	-	6	-	1	6	Testing, abstract
Medical and sanitary support in the aftermath of natural disasters.	12	-	6	-	1	6	Testing, abstract
Medical and sanitary provision in the event of liquidation of consequences of emergency	12	-	6	-	1	6	Testing, abstract

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

situations of a technogenic (anthropogenic) nature.							
Life- threatening conditions in disaster surgery. Diagnostics, emergency care at the stages of medical evacuation	12	-	6	-	1	6	Testing, abstract
Total	72	-	36	-	6	36	

#### 5. COURSE CONTENT

#### Modern means of armed struggle. Special health care units.

Modern means of armed struggle. High-precision weapons, cluster and volume-detonating ammunition. Nuclear weapon. The story of the creation and first use. Striking factors of nuclear weapons. Biological weapon. Characteristics of biological lesions. Organization and conduct of isolation and restriction measures. Non-lethal weapon. Definition and classification of non-lethal weapons and special means. Combined destruction of various types of weapons.

Definition and measures of medical protection. Medical protective equipment and its use. Standard medical personal protective equipment.

**Medical protection.** Medical and psychological protection of the population and rescuers and emergencies.

Content and tasks. Traumatic factors of emergencies. Features of the development of mental reactions in the affected, medical personnel and rescuers in emergency situations.

Basic methods of psychological protection and rehabilitation of the population and persons involved in their rescue.

### Organization of medical evacuation support of the population in emergency situations. Medical evacuation.

Conditions that determine the system of medical evacuation support. The essence of the system of medical evacuation support. Basic requirements and concept scheme of medical evacuation support. Stages of medical evacuation. Types and volumes of medical care. Features of medical sorting of the affected (sick) in emergency situations. Features of medical evacuation of the affected (sick) in emergency situations.

#### Medical and sanitary support in the aftermath of natural disasters.

Medical and sanitary support in the aftermath of earthquakes: characteristics, main measures for elimination, organization of first aid. Syndromes of mechanical destruction of soft tissues. Long-term compression syndrome. Endogenous intoxication and acute kidney injury with mechanical destruction.

The medical care in the aftermath of the floods: characteristics, basic emergency response measures, organization of first medical aid.

Medical and sanitary support in the aftermath of snow avalanches: characteristics, main measures for elimination, organization of first aid.

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

### Medical and sanitary provision in the event of liquidation of consequences of emergency situations of a technogenic (anthropogenic) nature.

Medical and sanitary support in the liquidation of the consequences of emergency situations-fires: description of the basic emergency response measures, organization of first medical aid. Burns. Burn disease. Medical sorting of burn victims. Providing assistance at the stages of medical evacuation.

Medical and sanitary support in the liquidation of the consequences of emergency situations-radiation and chemical accidents: characteristics, main measures for elimination, organization of first aid.

Medical and sanitary support in the event of terrorist attacks.

### Life-threatening condition in surgery disasters. Diagnostics, emergency care at the stages of medical evacuation.

Characteristics of threatening conditions in the surgery of catastrophes. Significance of the syndrome approach in sorting and diagnostics on medical evacuation taps.

Causes, pathogenesis, methods of prevention of such conditions as shock, acute respiratory failure and coma: their reliable signs, determining the severity, methods of diagnosis in conditions of limited time and technical means. Small ejection syndrome as a leading cause of critical conditions. Criteria for assessing the severity and determining the prognosis for critical conditions. The principles of shock therapy. Tasks and opportunities of medical evacuation stages when providing assistance to the injured. Features of diagnostics and correction of lifethreatening conditions in children.

Bleedings. Compensation of blood loss during the elimination of consequences of disasters.

Classification of bleeding, types of damage to blood vessels. Determination of the volume of blood loss in conditions of limited time and technical capabilities. Types of blood substitutes. Principles of blood replacement therapy in acute blood loss, expediency of blood reinfusion, indications for directblood transfusion. Possible complications of hemotransfusion (including massive blood transfusion syndrome), methodsof their prevention and treatment. DIC-syndrome in acute blood loss. Measures for its prevention and treatment.

Toxic complications and their causes in restoring peripheral blood flow in the extremities after prolonged is chemia.

Classification of wounds, features of gunshot, smashed wounds. Areas of the wound canal in case of gunshot injuries, woundballistics. Mechanical, physical, and chemical treatment of wounds. Indications for wound drainage and methods of drainage. Features of treatment of wounds of the face, hand, foot. Specialtactics in the presence of extensive wounds, significant softtissue defects.

## 6. TOPICS OF PRACTICAL CLASSES AND SEMINARS (FOR DISCUSSING AND SELF-PREPARING OF STUDENTS)

#### Topic 1. Modern means of armed struggle. Special health care units.

- 1. Modern means of armed struggle.
- 2. High-precision weapons, cluster and volume-detonating ammunition.
- 3. Nuclear weapon. The story of the creation and first use. Striking factors of nuclear weapons.
- 4. Biological weapon. Characteristics of biological lesions.
- 5. Organization and conduct of isolation and restriction measures.
- 6. Non-lethal weapon. Definition and classification of non-lethal weapons and special means.

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

Combined destruction of various types of weapons.

#### **Topic 2. Medical protection.**

- 1.Definition and measures of medical protection.
- 2.Medical protective equipment and its use. Standard medical personal protective equipment.
  - 3. Medical and psychological protection of the population and rescuers and emergencies.
- 4. Content and tasks. Traumatic factors of emergencies. Features of the development of mental reactions in the affected, medical personnel and rescuers in emergency situations.
- 5. Basic methods of psychological protection and rehabilitation of the population and persons involved in their rescue.

### Topic 3. Organization of medical evacuation support of the population in emergency situations. Medical evacuation.

- 1. Conditions that determine the system of medical evacuation support.
- 2. The essence of the system of medical evacuation support. Basic requirements and concept scheme of medical evacuation support. Stages of medical evacuation.
- 3. Types and volumes of medical care. Features of medical sorting of the affected (sick) in emergency situations.
  - 4. Features of medical evacuation of the affected (sick) in emergency situations.

#### Topic 4. Medical and sanitary support in the aftermath of natural disasters.

- 1. Medical and sanitary support in the aftermath of earthquakes: characteristics, main measures for elimination, organization of first aid.
  - 2. Syndromes of mechanical destruction of soft tissues.
  - **3.** Long-term compression syndrome.
  - **4.** Endogenous intoxication and acute kidney injury with mechanical destruction.
- **5.** The medical care in the aftermath of the floods: characteristics, basic emergency response measures, organization of first medical aid.
- **6.** Medical and sanitary support in the aftermath of snow avalanches: characteristics, main measures for elimination, organization of first aid.

### Topic 5. Medical and sanitary provision in the event of liquidation of consequences of emergency situations of a technogenic (anthropogenic) nature.

- 1.Medical and sanitary support in the liquidation of the consequences of emergency situations-fires: description of the basic emergency response measures, organization of first medical aid.
- 2.Burns. Burn disease. Medical sorting of burn victims. Providing assistance at the stages of medical evacuation.
- 3. Medical and sanitary support in the liquidation of the consequences of emergency situations-radiation and chemical accidents: characteristics, main measures for elimination, organization of first aid.
  - 4. Medical and sanitary support in the event of terrorist attacks.

## Topic 6. Life-threatening condition in surgery disasters. Diagnostics, emergency care at the stages of medical evacuation.

- 1. Characteristics of threatening conditions in the surgery of catastrophes. Significance of the syndrome approach in sorting and diagnostics on medical evacuation taps.
- 2. Causes, pathogenesis, methods of prevention of such conditions as shock, acute respiratory failure and coma: their reliable signs, determining the severity, methods of diagnosis in conditions of limited time and technical means.
- 3.Small ejection syndrome as a leading cause of critical conditions. Criteria for assessing the severity and determining the prognosis for critical conditions.
- 4. The principles of shock therapy. Tasks and opportunities of medical evacuation stages when providing assistance to the injured. Features of diagnostics and correction of life-

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

threatening conditions in children.

- 5. Bleedings. Compensation of blood loss during the elimination of consequences of disasters. Classification of bleeding, types of damage to blood vessels. Determination of the volume of blood loss in conditions of limited time and technical capabilities. Types of blood substitutes. Principles of blood replacement therapy in acute blood loss, expediency of blood reinfusion, indications for directblood transfusion. Possible complications of hemotransfusion (including massive blood transfusion syndrome), methodsof their prevention and treatment. DIC-syndrome in acute blood loss. Measures for its prevention and treatment.
- 6. Toxic complications and their causes in restoring peripheral blood flow in the extremities after prolonged ischemia.
- 7. Classification of wounds, features of gunshot, smashed wounds. Areas of the wound canal in case of gunshot injuries, woundballistics. Mechanical, physical, and chemical treatment of wounds. Indications for wound drainage and methods of drainage. Features of treatment of wounds of the face, hand, foot. Specialtactics in the presence of extensive wounds, significant softtissue defects.

#### 7. LABORATORY WORK, WORKSHOPS

Not included in the curriculum

#### 8. TOPICS OF COURSEWORK, TESTS, AND RESEARCH PAPERS

Coursework and tests are not provided for in the curriculum.

#### Topic of abstracts

- 1. Conditions that determine the system of medical evacuation support. The essence of the system of medical evacuation support.
- 2. Stages of medical evacuation.
- 3. Types and volumes of medical care.
- 4. Features of medical sorting of the affected (sick) in emergency situations.
- 5. Features of medical evacuation of the affected (sick) in emergency situations.
- 6. Medical and sanitary support in the aftermath of earthquakes. Syndromes of mechanical destruction of soft tissues. Long-term compression syndrome.
- 7. The medical care in the aftermath of the floods: characteristics, basic emergency response measures, organization of first medical aid.
- 8. Medical and sanitary support in the aftermath of snow avalanches: characteristics, main measures for elimination, organization of first aid.
- 9. Medical and sanitary support in the liquidation of the consequences of emergency situations-fires.
- 10. Medical and sanitary support in the liquidation of the consequences of emergency situations –radiation and chemical accidents.
- 11. Medical and sanitary support in the event of terrorist attacks.
- 12. Bleedings. Compensation of blood loss during the elimination of consequences of disasters.
- 13. Toxic complications and their causes in restoring peripheral blood flow in the extremities after prolonged ischemia.



#### 9. LIST OF QUESTIONS TO BE TAKEN INTO ACCOUNT

- 1. Modern means of armed struggle. High-precision weapons, cluster and volume-detonating ammunition.
- 2. Nuclear weapon. The story of the creation and first use. Striking factors of nuclear weapons.
- 3. Biological weapon. Characteristics of biological lesions.
- 4. Organization and conduct of isolation and restriction measures.
- 5. Non-lethal weapon. Definition and classification of non-lethal weapons and special means.
- 6. Combined destruction of various types of weapons.
- 7. Medical protective equipment and its use. Standard medical personal protective equipment.
- 8. Medical protection. Medical and psychological protection of the population and rescuers and emergencies.
- 9. Traumatic factors of emergencies. Features of the development of mental reactions in the affected, medical personnel and rescuers in emergency situations.
- 10. Basic methods of psychological protection and rehabilitation of the population and persons involved in their rescue.
- 11. Organization of medical evacuation support of the population in emergency situations. Medical evacuation.
- 12. Conditions that determine the system of medical evacuation support.
- 13. The essence of the system of medical evacuation support. Basic requirements and concept scheme of medical evacuation support. Stages of medical evacuation.
- 14. Types and volumes of medical care. Features of medical sorting of the affected (sick) in emergency situations. Features of medical evacuation of the affected (sick) in emergency situations.
- 15. Medical and sanitary support in the aftermath of natural disasters.
- 16. Medical and sanitary support in the aftermath of earthquakes: characteristics, main measures for elimination, organization of first aid. Syndromes of mechanical destruction of soft tissues.
- 17. Long-term compression syndrome.
- 18. Endogenous intoxication and acute kidney injury with mechanical destruction.
- 19. The medical care in the aftermath of the floods: characteristics, basic emergency response measures, organization of first medical aid.
- 20. Medical and sanitary support in the aftermath of snow avalanches: characteristics, main measures for elimination, organization of first aid.
- 21. Medical and sanitary provision in the event of liquidation of consequences of emergency situations of a technogenic (anthropogenic) nature.
- 22. Medical and sanitary support in the liquidation of the consequences of emergency situations-fires: description of the basic emergency response measures, organization of first medical aid.
- 23. Burns. Burn disease. Medical sorting of burn victims. Providing assistance at the stages of medical evacuation.

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

- 24. Medical and sanitary support in the liquidation of the consequences of emergency situations-radiation and chemical accidents: characteristics, main measures for elimination, organization of first aid.
- 25. Medical and sanitary support in the event of terrorist attacks.
- 26. Life-threatening condition in surgery disasters. Diagnostics, emergency care at the stages of medical evacuation.
- 27. Characteristics of threatening conditions in the surgery of catastrophes. Significance of the syndrome approach in sorting and diagnostics on medical evacuation taps.
- 28. Causes, pathogenesis, methods of prevention of such conditions as shock
- 29. The principles of shock therapy.
- 30. Tasks and opportunities of medical evacuation stages when providing assistance to the injured. Features of diagnostics and correction of life-threatening conditions in children.
- 31. Bleedings. Compensation of blood loss during the elimination of consequences of disasters. Classification of bleeding, types of damage to blood vessels.
- 32. Determination of the volume of blood loss in conditions of limited time and technical capabilities. Types of blood substitutes. Principles of blood replacement therapy in acute blood loss, expediency of blood reinfusion, indications for directblood transfusion. Possible complications of hemotransfusion (including massive blood transfusion syndrome), methodsof their prevention and treatment. DIC-syndrome in acute blood loss. Measures for its prevention and treatment.
- 33. Toxic complications and their causes in restoring peripheral blood flow in the extremities after prolonged ischemia.
- 34. Classification of wounds, features of gunshot, smashed wounds.
- 35. Areas of the wound canal in case of gunshot injuries, woundballistics. Mechanical, physical, and chemical treatment of wounds.

#### 10. SELF-STUDY WORK OF STUDENTS

Full-time training

Names of sections and	Type of self-study work	Volume	form of control
topics		in hours	
Modern means of armed	study of educational material,	6	Checking the
struggle. Special health	abstract, preparation for the exam		completeness of
care units.			the training
			material on the
			topic, the
			correctness of
			answers to test
			tasks on the topic,
			checking the
			abstracts
Medical protection.	study of educational material,	6	Checking the
	abstract, preparation for the exam		completeness of
			educational

Ministry of science and high education RF Ulyanovsk State University	Form	ſ
F-Educational plan of the Extreme medicine		Manage

	T		
			material on the
			topic, correctness
			of answers to test
			tasks on the topic,
			checking of
			abstracts
Organization of medical	study of educational material,	6	Checking the
evacuation support of the	abstract, preparation for the exam		completeness of
population in emergency	71 1		the training
situations. Medical			material on the
evacuation.			topic, the
			correctness of
			answers to test
			tasks on the topic,
			checking the
			abstracts
Madiant	-1-1		
Medical and sanitary	elaboration of educational material,	6	Checking the
support in the aftermath	abstract, preparation for the exam		completeness of
of natural disasters.			the training
			material on the
			topic, the
			correctness of
			answers to test
			tasks on the topic,
			checking the
			abstracts
Medical and sanitary	study of educational material,	6	Checking the
provision in the event of	abstract, preparation for the exam		completeness of
liquidation of			the training
consequences of			material on the
emergency situations of a			topic, the
technogenic			correctness of
(anthropogenic) nature.			answers to test
( r . g			tasks on the topic,
			checking the
			abstracts
Life-threatening	study of educational material,	6	Checking the
conditions in disaster	abstract, preparation for the exam	0	completeness of
	austract, preparation for the exam		_
surgery. Diagnostics,			
emergency care at the			material on the
stages of medical			topic, the
evacuation			correctness of
			answers to test
			tasks on the topic,
			checking the
			abstracts

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

#### 11. EDUCATIONAL-METHODICAL AND INFORMATION SUPPORT OF DISCIPLINE

#### a) List of recommended literature

#### Core reading:

- 1. Левчук, И. П. Disaster Medicine = Медицина катастроф: учебник на английском и русском языках / И. П. Левчук, А. П. Назаров, Ю. А. Назарова. Москва: ГЭОТАР-Медиа, 2021. 240 с. ISBN 978-5-9704-6074-0. Текст: электронный // ЭБС "Консультант студента": [сайт].
  - URL: https://www.studentlibrary.ru/book/ISBN9785970460740.html
- 2. Levchuk, I. P. Life Safety in Medicine: textbook / I. P. Levchuk, A. P. Nazarov, M. V. Kostyuchenko. Moscow: GEOTAR-Media, 2021. 112 p. 112 c. ISBN 978-5-9704-5998-0. Текст: электронный // ЭБС "Консультант студента": [сайт]. URL: https://www.studentlibrary.ru/book/ISBN9785970459980.html

#### **Supplementary reading:**

- 1. Garkavi, A. V. Disaster medicine / Garkavi A. V., Kavalersky G. M. Москва: ГЭОТАР-Медиа, 2019. 304 с. ISBN 978-5-9704-5258-5. Текст: электронный // ЭБС "Консультант студента": [сайт].
  - URL: https://www.studentlibrary.ru/book/ISBN9785970452585.html
- 2. Levchuk, I. P. First Aid in Case of Accidents and Emergency Situations: course book / I. P. Levchuk, M. V. Kostyuchenko, A. P. Nazarov Москва: ГЭОТАР-Медиа, 2017. 120 с. ISBN 978-5-9704-4230-2. Текст: электронный // ЭБС "Консультант студента": [сайт].
  - URL: https://www.studentlibrary.ru/book/ISBN9785970442302.html
- 3. Mamyrbayev A. A. Foundations of occupational medicine / A. A. Mamyrbayev. Aктобе: ЗКМУ, 2017. 479 с. Текст : электронный // ЭБС "Букап" : [сайт]. URL: https://www.books-up.ru/ru/book/foundations-of-occupational-medicine-10947813/

#### b) Educational and methodical literature

Belyi L.E. Methodical guidelines for self-study work of students in the discipline «Extreme medicine» for specialty 31.05.01 «General medicine» / L. E. Belyi; Ulyanovsk State University, The Institute of Medicine, Ecology and Physical Culture. - Ulyanovsk: UlSU, 2022. - Неопубликованный ресурс; На англ. яз. - URL: <a href="http://lib.ulsu.ru/MegaPro/Download/MObject/11549">http://lib.ulsu.ru/MegaPro/Download/MObject/11549</a>. - Режим доступа: ЭБС УлГУ. - Текст: электронный.

AGREED:			
/_ The position of the worker scientific library	Full name	signature	/

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

#### c) software

SPS Consultant Plus NEB OF THE RUSSIAN FEDERATION The electronic library system IPRBooks Aibs " Megapro"
MicrosoftWindows OS "Maiofis Standard»

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

#### 12. SPECIAL CONDITIONS FOR STUDENTS WITH DISABILITIES

Training students with disabilities is carried out taking into account the peculiarities of psychophysical development, individual capabilities and health of such students. Education of students with disabilities can be organized in conjunction with other students, and separately. If necessary, students from among persons with disabilities (at the request of the student) may be offered one of the following options for the perception of information, taking into account their individual psychophysical characteristics:

- for persons with visual impairment: in printed form in large print; in the form of an electronic document; in the form of an audio file (translation of educational materials into audio format); in printed form in Braille; individual consultations with the involvement of a tiflosurdoperevodchika; individual tasks and consultations.
- for persons with hearing impairment: in printed form; in the form of an electronic document; video materials with subtitles; individual consultations with the assistance of a sign language interpreter; individual tasks and consultations.
- for persons with musculoskeletal disorders: in printed form; in the form of an electronic document; in the form of an audio file; individual tasks and consultations."

Creator	Car 7	Belyy Lev E., professor, MD
Cleator	1	belyy Lev E., professor, MD

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

#### LIST OF CHANGES to the work program "Extreme medicine» specialty 31.05.01 General Medicine

№ ite m nu mb	Content of the change or a link to the attached text of the change	of the full name of the head of the Departmentimple menting the discipline	Signature	Date
1	Introduction of changes to the item C) Professional databases, information and reference systems item 11 "Educational, methodological and informational support of the discipline" with the design of Appendix 1	Midlenko V. I.	1	30.08. 2023
2	Introduction of changes to item A) Recommended Literature item 11 "Educational, methodological and information support of the discipline" with the design of Appendix 2	Midlenko V. I.	1	30.08. 2023



Appendix 1

Профессиональные базы данных, информационно-справочные системы

#### 1. Электронно-библиотечные системы:

- 1.1. Цифровой образовательный ресурс IPRsmart : электронно-библиотечная система : сайт / ООО Компания «Ай Пи Ар Медиа». Саратов, [2023]. URL: http://www.iprbookshop.ru. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.2. Образовательная платформа ЮРАЙТ : образовательный ресурс, электронная библиотека : сайт / ООО Электронное издательство «ЮРАЙТ». Москва, [2023]. URL: https://urait.ru. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.3. База данных «Электронная библиотека технического ВУЗа (ЭБС «Консультант студента») : электронно-библиотечная система : сайт / ООО «Политехресурс». Москва, [2023]. URL: <a href="https://www.studentlibrary.ru/cgi-bin/mb4x">https://www.studentlibrary.ru/cgi-bin/mb4x</a>. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.4. Консультант врача. Электронная медицинская библиотека: база данных: сайт / ООО «Высшая школа организации и управления здравоохранением-Комплексный медицинский консалтинг». Москва, [2023]. URL: <a href="https://www.rosmedlib.ru">https://www.rosmedlib.ru</a>. Режим доступа: для зарегистрир. пользователей. Текст: электронный.
- 1.5. Большая медицинская библиотека : электронно-библиотечная система : сайт / OOO «Букап». Томск, [2023]. URL: <a href="https://www.books-up.ru/ru/library/">https://www.books-up.ru/ru/library/</a>. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.6. ЭБС Лань : электронно-библиотечная система : сайт / ООО ЭБС «Лань». Санкт-Петербург, [2023]. URL: https://e.lanbook.com. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.7. ЭБС Znanium.com : электронно-библиотечная система : сайт / ООО «Знаниум». Москва, [2023]. URL: <a href="http://znanium.com">http://znanium.com</a> . Режим доступа : для зарегистрир. пользователей. Текст : электронный.
- **2. КонсультантПлюс** [Электронный ресурс]: справочная правовая система. / ООО «Консультант Плюс» Электрон. дан. Москва : КонсультантПлюс, [2023].

#### 3. Базы данных периодических изданий:

- 3.1. eLIBRARY.RU: научная электронная библиотека: сайт / ООО «Научная Электронная Библиотека». Москва, [2023]. URL: http://elibrary.ru. Режим доступа: для авториз. пользователей. Текст: электронный
- 3.2. Электронная библиотека «Издательского дома «Гребенников» (Grebinnikon) : электронная библиотека / ООО ИД «Гребенников». Москва, [2023]. URL: https://id2.action-media.ru/Personal/Products. Режим доступа : для авториз. пользователей. Текст : электронный.
- 4. Федеральная государственная информационная система «Национальная электронная библиотека» : электронная библиотека : сайт / ФГБУ РГБ. Москва, [2023]. URL: https://нэб.рф. Режим доступа : для пользователей научной библиотеки. Текст : электронный.
- **5. Российское образование** : федеральный портал / учредитель ФГАУ «ФИЦТО». URL: http://www.edu.ru. Текст : электронный.
- **6.** Электронная библиотечная система УлГУ: модуль «Электронная библиотека» АБИС Мега-ПРО / ООО «Дата Экспресс». URL: http://lib.ulsu.ru/MegaPro/Web. Режим доступа: для пользователей научной библиотеки. Текст: электронный.

Согласовано:			2		
Beggerini unuruep 1	Ирренко	WB1	h Couf	/	18 05,2023.
Должность сотрудника УИТиТ	PNO		Подпиов		Дата



### Appendix 2

а) Список рекомендуемой литературы:

#### основная:

- 1. Колесниченко, П. Л. Медицина катастроф : учебник / П. Л. Колесниченко [и др. ]. -Москва : ГЭОТАР-Медиа, 2017. - 448 с. - ISBN 978-5-9704-4000-1. - Текст : электронный // ЭБС "Консультант студента" : [сайт]. - URL : https://www.studentlibrary.ru/book/ISBN9785970440001.html
- 2. Колесниченко, П. Л. Безопасность жизнедеятельности: учебник / П. Л. Колесниченко - Москва : ГЭОТАР-Медиа, 2017. - 544 с. - ISBN 978-5-9704-4041-4. - Текст : электронный // ЭБС "Консультант студента" : [сайт]. - URL : https://www.studentlibrary.ru/book/ISBN9785970440414.html

#### дополнительная:

- 1. Levchuk, I. P. First Aid in Case of Accidents and Emergency Situations : Preparation Questions for a Modular Assessment / Levchuk I. P. , Kostyuchenko M. V. - Москва : ГЭОТАР-Медиа, 2015. - 32 с. - ISBN 978-5-9704-3450-5. - Текст : электронный // ЭБС "Консультант студента" : [сайт]. - URL : https://www.studentlibrary.ru/book/ISBN9785970434505.html
- 2. Levchuk, I. P. Life Safety in Medicine / Levchuk I. P. Москва : ГЭОТАР-Медиа, 2018. - 112 с. - ISBN 978-5-9704-4607-2. - Текст : электронный // ЭБС "Консультант студента" : [сайт]. - URL : https://www.studentlibrary.ru/book/ISBN9785970446072.html
- 3. Левчук, И. П. Медицина катастроф. Курс лекций: учебное пособие / Левчук И. П., Третьяков Н. В. - Москва : ГЭОТАР-Медиа, 2015. - 240 с. - ISBN 978-5-9704-3347-8. - Текст : электронный // ЭБС "Консультант студента" : [сайт]. - URL : https://www.studentlibrary.ru/book/ISBN9785970433478.html
- 4. Рогозина, И. В. Медицина катастроф / И. В. Рогозина Москва : ГЭОТАР-Медиа, 2014. - 152 с. - ISBN 978-5-9704-2936-5. - Текст : электронный // ЭБС "Консультант студента" : [сайт]. - URL : https://www.studentlibrary.ru/book/ISBN9785970429365.html
- 5. Организация скорой и неотложной медицинской помощи населению : учеб.-метод. пособие для студентов, врачей-интернов, клин. ординаторов и врачей скорой и неотлож. помощи / В. И. Горбунов, Г. В. Возженникова, Ю. И. Артеменко, С. В. Камардин; УлГУ. - Ульяновек: УлГУ, 2003. - 48 с.

#### учебно-методическая:

Белый Л. Е.

Методические указания для организации самостоятельной работы студентов по дисциплине «Экстремальная медицина» для специальностей 31.05.01 – Лечебное дело, 31.05.02 – Педиатрия, 31.05.01 – Лечебное дело (с освоением части программы на английском языке) / Л. Е. Белый; УлГУ, ИМЭнФК. - Ульяновск : УлГУ, 2019. -Загл. с экрана; Неопубликованный ресурс. - Электрон. текстовые дан. (1 файл : 578 КБ). - Текст : электронный.- http://lib.ulsu.ru/MegaPro/Download/MObject/8894

1 вившот екарь ода Старольнения Стер 23.08.2023 Должность сотрудинка научной оно может фи

Ministry of science and high education RF Ulyanovsk State University	Form	
F-Educational plan of the Extreme medicine		

### LIST OF CHANGES to the work program "Extreme medicine» specialty 31.05.01 General Medicine

№ ite m	Content of the change or a link to the attached text of the change	of the full name of the head of the Departmentimple	Signature	Date
nu mb er		menting the discipline		
1	Introduction of changes to the item C) Professional databases, information and reference systems item 11 "Educational, methodological and informational support of the discipline" with the design of Appendix 1	Midlenko V. I.	1	16.05. 2024
2	Introduction of changes to item A) Recommended Literature item 11 "Educational, methodological and information support of the discipline" with the design of Appendix 2	Midlenko V. I.	1	16.05. 2024



Appendix 1

Профессиональные базы данных, информационно-справочные системы

#### 1. Электронно-библиотечные системы:

- 1.1. Цифровой образовательный ресурс IPRsmart : электронно-библиотечная система : сайт / ООО Компания «Ай Пи Ар Медиа». Саратов, [2024]. URL: http://www.iprbookshop.ru. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.2. Образовательная платформа ЮРАЙТ : образовательный ресурс, электронная библиотека : сайт / ООО Электронное издательство «ЮРАЙТ». Москва, [2024]. URL: <a href="https://urait.ru">https://urait.ru</a> . Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.3. База данных «Электронная библиотека технического ВУЗа (ЭБС «Консультант студента») : электронно-библиотечная система : сайт / ООО «Политехресурс». Москва, [2024]. URL: <a href="https://www.studentlibrary.ru/cgi-bin/mb4x">https://www.studentlibrary.ru/cgi-bin/mb4x</a>. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.4. Консультант врача. Электронная медицинская библиотека : база данных : сайт / ООО «Высшая школа организации и управления здравоохранением-Комплексный медицинский консалтинг». Москва, [2024]. URL: <a href="https://www.rosmedlib.ru">https://www.rosmedlib.ru</a>. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.5. Большая медицинская библиотека: электронно-библиотечная система: сайт / ООО «Букап». Томск, [2024]. URL: <a href="https://www.books-up.ru/ru/library/">https://www.books-up.ru/ru/library/</a>. Режим доступа: для зарегистрир. пользователей. Текст: электронный.
- 1.6. ЭБС Лань : электронно-библиотечная система : сайт / ООО ЭБС «Лань». Санкт-Петербург, [2024]. URL: https://e.lanbook.com. Режим доступа: для зарегистрир. пользователей. Текст : электронный.
- 1.7. ЭБС Znanium.com : электронно-библиотечная система : сайт / ООО «Знаниум». Москва, [2024]. URL: <a href="http://znanium.com">http://znanium.com</a> . Режим доступа : для зарегистрир. пользователей. Текст : электронный.
- **2.** КонсультантПлюс [Электронный ресурс]: справочная правовая система. / ООО «Консультант Плюс» Электрон. дан. Москва : КонсультантПлюс, [2024].
- **3. eLIBRARY.RU**: научная электронная библиотека : сайт / ООО «Научная Электронная Библиотека». Москва, [2024]. URL: http://elibrary.ru. Режим доступа : для авториз. пользователей. Текст : электронный
- **4.** Федеральная государственная информационная система «Национальная электронная библиотека» : электронная библиотека : сайт / ФГБУ РГБ. Москва, [2024]. URL: https://нэб.рф. Режим доступа : для пользователей научной библиотеки. Текст : электронный.
- **5. Российское образование** : федеральный портал / учредитель ФГАУ «ФИЦТО». URL: http://www.edu.ru. Текст : электронный.
- **6.** Электронная библиотечная система УлГУ: модуль «Электронная библиотека» АБИС Мега-ПРО / ООО «Дата Экспресс». URL: http://lib.ulsu.ru/MegaPro/Web. Режим доступа: для пользователей научной библиотеки. Текст: электронный.

Инженер ведущий

Щуренко Ю.В.

2024



F-Educational plan of the Extreme medicine

#### Appendix 2

### 11. EDUCATIONAL-METHODICAL AND INFORMATION SUPPORT OF DISCIPLINE Disaster medicine

a)List of recommended literature

Core reading:

- 3. Левчук, И. П. Disaster Medicine = Медицина катастроф: учебник на английском и русском языках / И. П. Левчук, А. П. Назаров, Ю. А. Назарова. Москва: ГЭОТАР-Медиа, 2021. 240 с. ISBN 978-5-9704-6074-0. Текст: электронный // ЭБС "Консультант студента": [сайт]. URL: https://www.studentlibrary.ru/book/ISBN9785970460740.html
- 4. Levchuk, I. P. Life Safety in Medicine: textbook / I. P. Levchuk, A. P. Nazarov, M. V. Kostyuchenko. Moscow: GEOTAR-Media, 2021. 112 р. 112 с. ISBN 978-5-9704-5998-0. Текст: электронный // ЭБС "Консультант студента": [сайт]. URL: https://www.studentlibrary.ru/book/ISBN9785970459980.html

#### Supplementary reading:

- 4. Garkavi, A. V. Disaster medicine / Garkavi A. V., Kavalersky G. M. Москва: ГЭОТАР-Медиа, 2019. 304 с. ISBN 978-5-9704-5258-5. Текст: электронный // ЭБС "Консультант студента": [сайт]. URL: https://www.studentlibrary.ru/book/ISBN9785970452585.html
- 5. Levchuk, I. P. First Aid in Case of Accidents and Emergency Situations: course book / I. P. Levchuk, M. V. Kostyuchenko, A. P. Nazarov Москва: ГЭОТАР-Медиа, 2017. 120 с. ISBN 978-5-9704-4230-2. Текст: электронный // ЭБС "Консультант студента": [сайт]. URL: https://www.studentlibrary.ru/book/ISBN9785970442302.html

#### b) Educational and methodical literature

**Belyi L.E.** Methodical guidelines for self-study work of students in the discipline «Disaster Medicine» for specialty 31.05.01 «General medicine» / L. E. Belyi; Ulyanovsk State University, The Institute of Medicine, Ecology and Physical Culture. - Ulyanovsk : UlSU, 2022. - Неопубликованный ресурс; На англ. яз. - URL: <a href="http://lib.ulsu.ru/MegaPro/Download/MObject/11548">http://lib.ulsu.ru/MegaPro/Download/MObject/11548</a>. - Режим доступа: ЭБС УлГУ. - Текст : электронный.

AGREED:			
Leading specialist	Стадольникова/	imas_	_26.04.2024_
The position of the worker scientific	c library Full name	signature	date